

# A STRONG MAN

**Timeless Truth:** Spiritual compromise can be overcome by turning back to God.

**Bible Basis:** Judges 16:1–31

**Key Verse:** [Samson] said, "God, please make me strong just one more time." —Judges 16:28b NIV

**Resource:** *The Story for Little Ones*, Chapter 8: "A Strong Man"

## PARENT TIPS

Read chapter 8 in *The Story for Little Ones* several times this week and talk about the key point. Reading the story several times will help your preschooler to remember it. Use the Table Talk questions to talk about the lesson. Use the questions anytime throughout the week, not just at the table. The Living Faith activity is designed to help your child experience asking God for help. The Extra Mile ideas give you more ways to help your child remember the lesson.

## GET THE POINT

Samson asked God to help him. You can ask God for help too.

## TABLE TALK

- What did Samson ask God for?
- What can you ask God for?
- What things do you need help with?

## LIVING FAITH

Let your child make an "Asking for Help" book. Use old magazines for your child to cut out pictures of things he needs help with. Help your child think about times they need help like when they are hurt or a friend won't share. Then let your child use a glue stick to glue the pictures to pieces of construction paper folded in half. As you look at the book talk about all the different ways we need help. Let your child know that you need help too. Pray together, asking God for his help.

**EXTRA MILE**

Read books about helping this week. Did any of the characters in the books you read ask others for help?

Build towers of blocks together with your preschooler and then knock them down like Samson did. As you pick up the blocks talk about how Samson asked God for help.

If your child made Samson's hair in class, set it in a sunny place in your home to watch the grass grow. If she didn't, let your child draw a face on a paper cup and fill the cup with soil and grass seeds. When the grass is tall enough, let your child cut Samson's hair.

Use these motions to help your children remember the key verse.

**[Samson] said, "God,** *(Point up to God.)*

**Please make me strong** *(Show your arm muscles.)*

**One more time."** *(Hold up one finger.)*

**Judges 16:28** *(Open hands like a book.)*